

## PLEASE NOTE

**This document was prepared Dec 29, 2018. Please be sure to check the website to see if there have been any changes in the details below. The website always has priority over attached documents.**

### July 01

OTTAWA, ON Canada Day Crush

**Start Point:** [Taggart Family YMCA-YWCA](#), 180 Argyle Ave, Ottawa, ON, Ottawa K2P 1B7

**Distances:** 5, 10 **Difficulty:** 1B **Registration:** 09:00 - 10:00

**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club **Contact:** Marion 613-435-0568  
[walking4fun2@gmail.com](mailto:walking4fun2@gmail.com)

**Walk Description:** Celebrate Canada's birthday and explore what's happening in downtown Ottawa & Jacques Cartier Park. Books will be stamped at the beginning of this walk to encourage walkers to enjoy the festivities. Entry to the Canadian War Museum is free today.

### July 06

OTTAWA, ON

**Start Point:** [Minto Recreation Complex](#), 3500 Cambrian Road, Ottawa K2J 0V1

**Distances:** 5, 10 **Difficulty:** 1B **Registration:** 09:00 - 10:00

**Event Sponsor:** Nepean Nomads Walking Club **Contact:** Lorna 613-224-1332  
[sassyg@rogers.com](mailto:sassyg@rogers.com)

### July 07

STURGEON FALLS, ON Leisure Farm Walk

**Start Point:** [Leisure Farm](#), 744 Quesnel Rd, Sturgeon Falls P2B 2W3

**Distances:** 5, 10 **Difficulty:** 1A **Registration:** 09:00 - 09:30

**Event Sponsor:** Gateway Walkers Club **Contact:** André 705-495-2242  
[tardifandre@gmail.com](mailto:tardifandre@gmail.com)

**Directions to Start Point:** Parking Lot

### July 10

OTTAWA, ON Rothwell Heights Hike

**Start Point:** [Lunergans Pub & Eatery](#), 1661 Montreal Rd, Ottawa, ON, Ottawa K1J 9B7

**Distances:** 5, 10 **Difficulty:** 2B **Registration:** 108:00 - 109:00

**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club **Contact:** Marion 613-435-0568  
[walking4fun2@gmail.com](mailto:walking4fun2@gmail.com)

**Walk Description:** Rothwell Heights is one of Ottawa's most prestigious neighbourhoods. Custom homes, some with grand views of the Ottawa River, are nestled among mature trees and parkland.

### July 17

OTTAWA, ON

**Start Point:** [Nepean Sailing Club](#), 3257 Carling Avenue, Ottawa K2H 1A6  
**Distances:** 5, 10 **Difficulty:** 1B **Registration:** 108:00 - 109:00  
**Event Sponsor:** Nepean Nomads Walking Club **Contact:** Lorna 613-224-1332  
[sassyg@rogers.com](mailto:sassyg@rogers.com)

### July 20

ARNPRIOR, ON

**Start Point:** [Quality Inn](#), 70 Madawaska Blvd, Arnprior K7S 1S5  
**Distances:** 5, 10 **Difficulty:** 2B **Registration:** 09:00 - 10:00  
**Event Sponsor:** Nepean Nomads Walking Club **Contact:** Lorna 613-224-1332  
[sassyg@rogers.com](mailto:sassyg@rogers.com)

### July 24

OTTAWA, ON A Walk in Fallingbrook & Cardinal Creek

**Start Point:** [Jonny Canuck's Bar & Grill](#), 900 Watters Rd, Orleans ON, Ottawa K4A 0B4  
**Distances:** 5, 10 **Difficulty:** 2C **Registration:** 108:00 - 109:00  
**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club **Contact:** Marion 613-435-0568  
[walking4fun2@gmail.com](mailto:walking4fun2@gmail.com)

**Walk Description:** Two routes available this evening with the option of walking along the streets and pathways or walking through the woods on the Cardinal Creek Karst Path and seeing Princess Louise Falls. Stay and enjoy a bite with your fellow walkers.

### July 31

OTTAWA, ON

**Start Point:** [Buster's Bar & Grill](#), 2525 Carling Avenue, Ottawa K2B 5B6  
**Distances:** 5, 10 **Difficulty:** 2B **Registration:** 108:00 - 109:00  
**Event Sponsor:** Nepean Nomads Walking Club **Contact:** Lorna 613-224-1332  
[sassyg@rogers.com](mailto:sassyg@rogers.com)

### August 03

OTTAWA, ON Walkfest

**Start Point:** [Ottawa City Hall](#), 110 Laurier Ave W, Ottawa K1P 1J1  
**Distances:** 5, 10, 21 **Difficulty:** 1B **Registration:** 09:00 - 10:00  
**Event Sponsor:** Nepean Nomads Walking Club **Contact:** Lorna 613-224-1332  
[sassyg@rogers.com](mailto:sassyg@rogers.com)

### August 04

OTTAWA, ON Walkfest

**Start Point:** [Ottawa City Hall](#), 110 Laurier Ave W, Ottawa K1P 1J1  
**Distances:** 6, 11 **Difficulty:** 1B **Registration:** 09:00 - 10:00  
**Event Sponsor:** Nepean Nomads Walking Club **Contact:** Lorna 613-224-1332  
[sassyg@rogers.com](mailto:sassyg@rogers.com)

### **August 07**

OTTAWA, ON Petrie Island Promenade

**Start Point:** [Royal Canadian Legion](#), 800 Taylor Creek Dr, Orléans, ON , Ottawa K1C 1T1

**Distances:** 6, 10 **Difficulty:** 1B **Registration:** 108:00 - 109:00

**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club **Contact:** Marion 613-435-0568  
[walking4fun2@gmail.com](mailto:walking4fun2@gmail.com)

**Walk Description:** Petrie Island is situated in the Ottawa River and is well-known for its relatively pristine natural environment, diversity of species and two sandy beaches. The 6 K walk explores the community of

### **August 11**

NAPANEE, ON Anniversary Walk

**Start Point:** TBD, Napanee

**Distances:** 5, 10 **Difficulty:** 1A **Registration:** 10:00 - 11:00

**Event Sponsor:** King's Town Trekkers Volkssport Club **Contact:** Sue 613-634-4239  
[osbornjs@gmail.com](mailto:osbornjs@gmail.com)

**Walk Description:** Please note, registration for the 10 km walk begins at 10:00 with the walk starting at 10:30, and the registration for the 5 km walk begins at 10:30 with the walk starting at 11:00

### **August 14**

OTTAWA, ON

**Start Point:** [Broadway Bar & Grill](#), 1896 Prince of Wales Drive, Ottawa K2C 3J7

**Distances:** 5, 10 **Difficulty:** 2B **Registration:** 108:00 - 109:00

**Event Sponsor:** Nepean Nomads Walking Club **Contact:** Lorna 613-224-1332  
[sassyg@rogers.com](mailto:sassyg@rogers.com)

### **August 17**

HAWKESBURY, ON More Days Walk

**Start Point:** [Quality Inn & Suites](#), 1575 Tupper St, Hawkesbury, ON, Hawkesbury K6A 3T5

**Distances:** 50-55 **Difficulty:** 2B **Registration:** 08:30 - 09:00

**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club **Contact:** Benoît 613-746-0971, 613-290-2652 [benoitpinson@rogers.com](mailto:benoitpinson@rogers.com)

**Walk Description:** This year we will be walking / cycling the stretch between Bourget to St-Eugene, ON

### **August 17**

HAWKESBURY, ON More Days Cycle

**Start Point:** [Quality Inn & Suites](#), 1575 Tupper St, Hawkesbury, ON, Hawkesbury K6A 3T5

**Distances:** 100-125 **Difficulty:** 2B **Registration:** 08:30 - 09:00

**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club **Contact:** Benoît 613-746-9071, 613-290-2652 [benoitpinson@rogers.com](mailto:benoitpinson@rogers.com)

**Directions to Start Point:**

**Walk Description:** This year we will be walking / cycling the stretch between Bourget to St-Eugene, ON

### **August 21**

OTTAWA, ON Sandy Hill Stroll

**Start Point:** [Rideau Sports Centre](#), 1 Donald St, Ottawa, ON, Ottawa K1K 4E6

**Distances:** 5, 10 **Difficulty:** 1B **Registration:** 108:00 - 109:00

**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club **Contact:** Karen 613-731-5417  
[mkarenvenema@gmail.com](mailto:mkarenvenema@gmail.com)

**Walk Description:** Enjoy our last evening walk of the summer with a stroll through the historic neighbourhood of Sandy Hill and the U of Ottawa

### **August 24**

NORTH BAY, ON Kinsmen Trail

**Start Point:** [Comfort Inn](#), 1200 O'Brien St, North Bay P1B 6G2

**Distances:** 5, 10 **Difficulty:** 1A **Registration:** 10:00 - 10:30

**Event Sponsor:** Gateway Walkers Club **Contact:** Louise 705-474-6716  
[sartoviola@hotmail.com](mailto:sartoviola@hotmail.com)

**Directions to Start Point:** Rear Parking Lot of Comfort Inn

### **September 07**

OTTAWA, ON

**Start Point:** [Greenfields Gastro Public House](#), 900 Greenbank Road, Ottawa K2J 1S8

**Distances:** 5, 10 **Difficulty:** 2B **Registration:** 09:00 - 10:00

**Event Sponsor:** Nepean Nomads Walking Club **Contact:** Lorna 613-224-1332  
[sassyg@rogers.com](mailto:sassyg@rogers.com)

### **September 13**

NORTH BAY, ON End of summer Walk

**Start Point:** Rotary Shelter at the waterfront, [Memorial Dr, North Bay](#)

**Distances:** 5, 10 **Difficulty:** 1A **Registration:** 15:30 - 16:00

**Event Sponsor:** Gateway Walkers Club **Contact:** André 705-495-2242  
[tardifandre@gmail.com](mailto:tardifandre@gmail.com)

**Directions to Start Point:** Rotary Shelter at the waterfront

### **September 14**

OTTAWA, ON 35th Annual Walk

**Start Point:** [Blackburn Arms Pub Restaurant](#), 2586 Innes Rd, Gloucester, ON, Ottawa K1B 4Z6

**Distances:** 5, 10 **Difficulty:** 1B **Registration:** 09:00 - 10:00

**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club **Contact:** Marion 613-435-0568  
[walking4fun2@gmail.com](mailto:walking4fun2@gmail.com)

**Walk Description:** Our annual walk this year takes us along the trails and through the parks of the lovely village of Blackburn Hamlet. Join your fellow walkers after for food and beverages at the Pub .

### **September 28**

OTTAWA, ON Autumn Leaves

**Start Point:** [Zolas Restaurant](#), 2194 Robertson Road, Ottawa K2H 9J5

**Distances:** 5, 10 **Difficulty:** 1B **Registration:** 09:00 - 10:00

**Event Sponsor:** Nepean Nomads Walking Club **Contact:** Lorna 613-224-1332

[sassyg@rogers.com](mailto:sassyg@rogers.com)

### **October 12**

CALLANDER, ON Cranberry Trail Walk

**Start Point:** [Cranberry Trail, End of Cranberry Rd](#), Callander

**Distances:** 5, 10 **Difficulty:** 1A **Registration:** 10:00 - 10:30

**Event Sponsor:** Gateway Walkers Club **Contact:** André 705-495-2242

[tardifandre@gmail.com](mailto:tardifandre@gmail.com)

**Directions to Start Point:** Parking Lot

### **October 12**

OTTAWA, ON Pleasant Park Promenade

**Start Point:** [Billings Bridge Estate](#), 2100 Cabot St, Ottawa, ON, Ottawa K1H 6K1

**Distances:** 5, 10 **Difficulty:** 2A **Registration:** 10:00 - 11:00

**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club **Contact:** Karen 613-731-5417

[mkarenvenema@gmail.com](mailto:mkarenvenema@gmail.com)

**Directions to Start Point:** <https://goo.gl/maps/FiXmBVnVjsB2>

**Walk Description:** Enjoy the area of Pleasant Park and take in a bit of history at Billings Estate, an 8 acre national historic site.

### **November 02**

NORTH BAY, ON YMCA Walk

**Start Point:** [YMCA](#), 186 Chippewa St. W., North Bay P1B 6G2

**Distances:** 5, 10 **Difficulty:** 1A **Registration:** 10:00 - 10:30

**Event Sponsor:** Gateway Walkers Club **Contact:** André 705-495-2242

[tardifandre@gmail.com](mailto:tardifandre@gmail.com)

**Directions to Start Point:** Parking Lot

### **November 02**

ORLEANS, ON Volunteer Walk

**Start Point:** TBD, , Orleans

**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club **Contact:** Karen 613-731-5417

[mkarenvenema@gmail.com](mailto:mkarenvenema@gmail.com)

**December 07**

KINGSTON, ON Christmas Lights Walk

**Start Point:** TBD, , Kingston

**Distances:** 5, 10 Difficulty: 1A Registration: 16:00 - 17:30

**Event Sponsor:** King's Town Trekkers Volkssport Club Contact: Sue 613-634-4239

[osbornjs@gmail.com](mailto:osbornjs@gmail.com)

**Walk Description:** Note: registration for the 10 km walk begins at 16:00, with the walk starting at 16:30 and the registration for the 5 km walk begins at 17:00, with the walk starting at 17:30.

**December 15**

OTTAWA, ON Christmas Lights Walk

**Start Point:** [Clocktower Brew Pub](#), 200 Elgin St, Ottawa, ON, Ottawa K2P 1L5

**Distances:** 5,10 Difficulty: 1A Registration: 108:00 - 109:00

**Event Sponsor:** Ottawa Voyageurs d'Ottawa Walking Club Contact: Marion 613-435-0568

[walking4fun2@gmail.com](mailto:walking4fun2@gmail.com)

**Walk Description:** An annual tradition, this walk will have us enjoying the Christmas Lights around Confederation Park, Parliament Hill and across the bridge into Gatineau. Join your fellow walkers for a meal or refreshments at the pub following the walk.